



Humphrey's Honey Cakes

Ingredients:

3 cups muesli flakes

1/2 cup sugar

1 cup self-raising flour

1 cup coconut

125 grams butter

2 teaspoons honey

3 tablespoons milk

Method:

Combine muesli flakes, sugar, coconut and sifted flour in a bowl and mix well.

Heat butter, honey and milk. Pour over dry ingredients and mix well.

Roll into balls the size of walnuts and place on a greased baking tray.

Bake in a pre-heated oven at 160 - 180° C (300 - 350° F)

for 15 - 20 mins or until golden brown.

Cool on trays.

